

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Adelle Jasnen van  
Rensburg**

Has successfully participated & completed the

**5km Cowhouse Winter Trail Run 2018**

held at Cowhouse Market.

**TIME 01:20:39**

**PACE 16:06/km**

**OVERALL 99 of 105**

**GENDER 56 of 59**

**OPEN 33 of 35**

28 July 2018, Sat

Date



*BoutTime*

Signature

